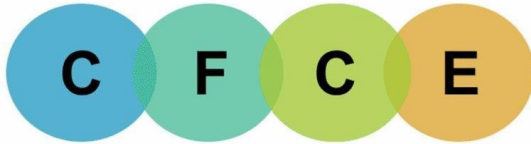


# COLORADO FOUNDATION



## FOR CONDUCTIVE EDUCATION

... Achieving independence through active learning

Spring Newsletter 2016



Volume 8, Issue 1

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## 2016 CFCE Golf Tournament is Coming!

It's hard to believe CFCE is holding our seventh Golf Tournament fundraiser this year! Every year we are so happy to hold this event and so grateful for our fantastic support network. We love the opportunity to share what we have accomplished and spend time with all of our supporters. We are so fortunate for those who attend, sponsor and volunteer at our tournament and we are so glad we can invite you all back to the Arrowhead Golf Course for our 7<sup>th</sup> tournament. We have listened to your feedback – since so many of you love the Arrowhead course, we have decided to hold it there again this year instead of changing!



For those of you who can, we sincerely ask that you might consider sponsoring our Golf Tournament. We are a very efficiently run organization – with the majority of all funds going directly to supporting our mission rather than overhead expenses. With a growing track record of helping families in Colorado, we hope that CFCE's sponsors feel confident in their endorsement. Sponsorship provides an excellent opportunity to advertise your organization's name to all of our guests. We have an excellent network of professionals who attend in several industries and we are hoping to expand this network and invite new businesses and professionals to attend our golf tournament this year. If you know of anyone who might like to put their charitable giving towards a local and deserving non-profit here in Denver, please recommend CFCE!

Our tournament will be held on Thursday, June 9<sup>th</sup>, 2016 in the afternoon. We hope you have all received our "Save the Date" by email and we have now officially opened our online registrations. Please ask your friends and colleagues who would like to come and play at this beautiful golf course to help us raise the money required to continue to grow our program. We remain committed to growing the services for the motor disabled community in Denver and northern Colorado. Over the past few months, we have received an increasing number of requests from therapists, conductors, and interested class assistants inquiring about employment with CFCE. With enough support this year, we hope we can hire these new supporters as part of our newest venture, to start a school program here in Denver. This will be a one-of-a-kind school and will provide a unique program that blends both education and motor learning therapy services in one holistic program. We know several families who could really benefit from this program but we need your help to get it started!

If you take a look elsewhere in this newsletter, you can hear from the families and children we serve, why CFCE is such an important center for this community, and why we need your help to expand further.

Go online today and sign up for our Golf Tournament or fill in the registration form in your email inbox with your team or individually. You can also sponsor us online by going to the golf page and filling out the form with your sponsorship details. This will be another great tournament with games including the ball drop, a raffle full of great prizes, and delicious food and drinks supplied by Arrowhead Golf Course. There will also be beer available on the course courtesy of our loyal donors for players who need a little "liquid courage" digging their way out of a bunker or wading into the rough for the ball that got away. We look forward to seeing you all there on June 9<sup>th</sup>! Please contact us with any questions at [admin@conductiveed.com](mailto:admin@conductiveed.com) or (970)667-0348.



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The Colorado Foundation for Conductive Education is a 501(c)(3) public charity committed to providing opportunities for individuals with motor challenges to achieve optimal physical, cognitive and social independence through the application and promotion of Conductive Education principles.

## Shooting Down the Slopes : Day 1



It was a sunny morning with a storm lingering overhead, but this didn't stop any of this year's CFCE ski participants from getting out on the ski slopes and doing what they love...speeding down the runs! A few weeks ago, we had our first ski day for the season up at Breckenridge Outdoor Education Center (BOEC) on January 31st, 2016. The BOEC team and volunteers are so wonderful with our group and know how to make all the parents feel at ease...(yes, it is the parents who get nervous not the kids!). It was perfect conditions on the slopes with a little snow in the afternoon. We had several first time skiers this year including 3 year old Cody who used the standing set up to go down the bunny slopes for the first time in his life. We also had a little girl, Evelyn, try the bi-ski set up to go

down some blue runs with her mum alongside. This was a special experience for all the families to do something that other families sometimes take for granted.



"We are so thankful for CFCE and the opportunities they have provided for our daughter and our family. The skiing days are a favorite for all of us as we can participate in a sport our whole family enjoys!"

-Lara, Kiera's mother



The staff at CFCE and the families can not express enough gratitude for all of the donors who pledged last year to help make this ski day happen. It was thanks to your kind donations that we can take this group of kids up to Breckenridge for a full day of skiing. So, thank you all who donated!



"Jonah had a blast like every year. I love that BOEC is so organized and they know him and pair him with who he had last year if they can, they are awesome!"

-Charlene, Jonah's Mother



Our second ski day was at BOEC on Saturday February 27th, 2016. Our third ski day was at Winter Park with NSCD on March 26th, 2016.

## A Huge Thank You To Our Gold Sponsors!

**WELLS  
FARGO**

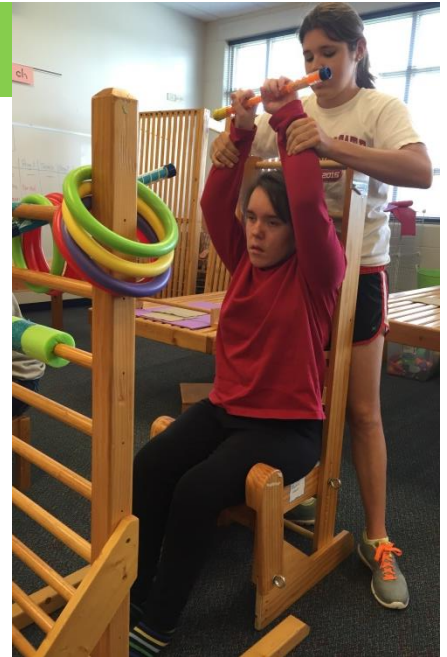
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## CE Therapy Camps Summer 2016!

**C**FCE is excited to announce that summer 2016 will bring three conductive education camps to Colorado. Two of the camps will be hosted in Denver and the third camp will be in Loveland, Colorado. The camps vary in duration, but all include the same intensive core programs. We have two Conductors that have been invited to lead these camps, and we are thrilled for them to share their wisdom with us at CFCE. Excitingly, Pearl will be joining us once again for the Denver camps. Pearl has lead our summer programs for many years now and with her years of experience she always brings new and inventive ideas to our group. A new face will also be joining the CFCE team this year, which we will announce in the near future once it is finally confirmed! The CE camps have



continually helped our clients improve their independence and function in the programs that the integrated therapy, conductive education, offers. We are excited to welcome past campers as well as meet several campers new to CFCE. We are overjoyed that our camp program and CFCE family continue to grow steadily.



### Camp Locations and Dates

Location	Duration	Dates
Denver	4 weeks	June 6 <sup>th</sup> - July 1 <sup>st</sup>
Loveland	3.5 weeks	July 6 <sup>th</sup> - July 29 <sup>th</sup>
Denver	2 weeks	Aug. 1 <sup>st</sup> - Aug 12 <sup>th</sup>

All ages and abilities are welcome!

### A Day at Camp

A typical camp day involves 3 core programs, breaks for snack and lunch (not provided).

9:00 am: Arrival

9:15 am: Stretches

9:45 am: Plinth program

10:30 am: Snack

11:00 am: Sitting program

11:45 am: Transition to next program

12:00 pm: Individual sessions

12:30pm: Lunch

1:00 pm: Hand program or speech program

1:45 pm: Walking Out

2:00 pm: Finish

Be sure to reserve your spot in one of our summer camps as they are filling up quickly. Please email [office@conductiveed.com](mailto:office@conductiveed.com) to obtain registration forms. Forms must be completed by April 1st, 2016, as space is limited. You can return by emailing the scanned form or mailing to: CFCE, PO Box 746297, Arvada, CO 80006.



## Conductive Education: A Therapy Unlike Any Other

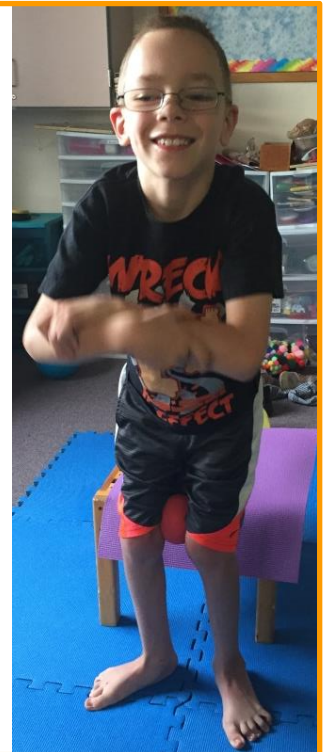
**C**onductive education is bringing a new technique to traditional therapy, and our clients are seeing significant improvements. We asked some of the kids and parents at CFCE to tell us why they choose to attend CFCE over other therapies and why the children enjoy attending these sessions.



Conductive education has been a wonderful resource for educating me as a parent on techniques and tools to use to teach and assist my child to function on a daily basis at her highest level of independence comfortably and confidently, which has promoted her sense of self worth and motivation.”  
 - Tiffany, Carlyn’s Mother

“Mrs. Jen taught me how to play soccer and she is fun to play with. My legs feel good when she stretches them.”  
 -Hunter

“We like that CFCE is a comprehensive therapy that builds from the ground up. It is education help, occupational therapy and physical therapy in one great session with a great conductor. Mrs. Jen has a way of getting Hunter to do things no one ever expected. As traditional therapy discharged us, saying ‘he has plateaued and won’t gain further benefit’, Jen had him walking flat footed within 2 more weeks and is still making progress on stride length, gait speed and tone management. CFCE never gives up and never accepts that ‘that’s all they can do’, and because that is what we believe as parents, it is a perfect fit.”  
 -Kristi, Hunter’s Mother



“I love CFCE, because it’s so unlike any other therapy we have ever had. My son is pushed to his ability, and then that’s carried on at home. We even travel 100 miles to see Jenn!”  
 -Danielle, Chayse’s Mother



“Conductive Education has given me the chance to learn how to do things on my own. Without Conductive Education I wouldn’t be able to walk as well as I can. My favorite thing about Conductive Education is getting to know other kids.”  
 -Charlotte

“Conductive Education has provided our daughter with not only the steps to navigate day-to-day tasks independently, but also the ability to apply those skills to new challenges that she faces on her own every day.”  
 -Amanda, Charlotte’s mother



“The combination of music and motion help the kids learn about how their body works. The body awareness expands the child’s abilities across all forms of learning and development. It’s very purposeful fun learning, strengthening and growing in a natural way.”  
 - Christie, Evelyn’s mother



“CFCE remains our mainstay for Zachary’s physical, occupational, and speech therapy. It is the best program for him where he learns how to problem solve by overcoming his physical challenges. Unlike other traditional therapy approaches, Conductive does not set a bar for Zak’s achievements. It pushes him beyond his comfort zone where he grows in immense ways both physically and in his character. He finds confidence by tackling the challenges CFCE presents. It also provides a wonderful social atmosphere for Zak to interact with his peers - more than those who are the same age, but with friends that are like him and whom he can relate to.”  
 - Nathan & Renee, Zak’s Parents

“I love CFCE because I get to be with my friends Charlotte, Hunter, Evelyn, and Jonah. They are like me. I also like stretching, walking and going skiing”  
 -Zak







## Meet a Class Assistant: Brittney

**H**! My name is Brittney Kemp and I've had the awesome opportunity to be part of the CFCE team for the last 8 months! I am an aspiring occupational therapist and will attend a graduate occupational therapy program this upcoming fall. When I'm not in class with Jen, I'm at home doing CFCE office work, or at my other job as a respite care provider. In my free time I like to hike, hangout with friends, and overall just find new adventures. Since I was 13 years old, I've worked with children with various abilities and really developed a passion for lending a helping hand in all aspects of their lives. This passion drove me towards discovering the world of therapy and really wanted hands on experience; luckily I found CFCE. It's hard to pin point my favorite part about CFCE because I really love every aspect. Conductive education provides a holistic approach towards therapy that is really unlike anything else. It's amazing as a class assistant to develop relationships with the

campers, and see major improvements in mind and body over the few weeks camp is held. I've personally watched campers improve their physical ability as well as their ability to communicate, remember, and to understand more complex tasks just in the matter of 2 weeks. When a client attends a CFCE session, they aren't just learning better control of their body; they're leaning life skills that they will use forever. I'm so incredibly lucky to be part of this organization, and be of aid to all of the individuals within it. It's a very rewarding experience to watch the CFCE kids constantly push themselves and improve with every therapy session. The experiences I have from working with Jen and all of the amazing CFCE clientele I will carry with me throughout the rest of my career and life!

## A Huge Thank You to Our Silver Sponsors!

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Go to:  
[www.conductiveed.com](http://www.conductiveed.com)  
Your donations help  
change lives!

# IMPORTANT DATES:

7<sup>th</sup> Annual Golf Tournament: June 9<sup>th</sup>, 2016  
Summer Camps Run June 6<sup>th</sup> - Aug. 12<sup>th</sup>



### I'll do my part to help CFCE....

**Yes**, I would like to donate to CFCE and help individuals with motor disabilities. I want to do my part to help them achieve their goal of independence. I've enclosed my **tax-deductible** gift of:

\$25     
  \$50     
  \$100     
  \$250     
  \$500     
 Other \$ \_\_\_\_\_



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